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**Radio program “Hope for Health” on KKVV 1060 AM Las Vegas discusses
the link between food toxins and “Leaky Gut Syndrome”**

The key to eliminating symptoms resulting from food toxins is to repair an inflamed gut lining

LAS VEGAS, Nev. – New Hope Medical Center’s radio show guest on “Hope for Health,” Dr. Louise Daenell, a nationally recognized licensed naturopathic physician, author and educator, discussed causes and treatments for “leaky gut syndrome” with host Dr. Daniel Royal and co-hosts Dr. Dean Friesen and Dr. Ed Fujimoto.

Dr. Daenell, who is the co-author of the book *Better Breast Health for Life* and former managing editor of the *Journal of Naturopathic Medicine*, is a licensed primary care provider in Washington and currently practices as a wellness consultant in the Cherry Creek area of Denver.

“There are many causes of a leaky or permeable gut, some of which we are exposed to everyday such as stress and the foods we eat” said Dr. Daenell. “When you’re a sick person, foods become problematic if they provoke an immune response because they’re being absorbed before being digested. The key to preventing this is to identify what’s causing the gut to be permeable and then do whatever is necessary to heal it because a healthy individual should be able to enjoy a wide variety of foods.”

The live Hope for Health broadcast with Dr. Daenell aired on Friday, May 23, 2008, but the rebroadcast can be heard on Wednesday, May 28, 2008, 2-3 p.m. on KKVV 1060 AM Las Vegas, where it is also simulcast on the Internet at KKVV.com. Podcasts for Hope for Health are archived at newhopemedical.org and can be found by clicking on "KKVV Radio Show."

“We know there is a connection between stress and stomach ulcers,” said Dr. Royal. “Dr. Daenell pointed out that there is also a connection between stress and a leaky gut, which allows larger than normal food particles to get absorbed into the bloodstream. This, in turn, causes a delayed antibody reaction to perceived toxins that can result in symptoms, such as chronic fatigue, headache, muscle aches, joint pains, and skin rashes that may take up to as long as a week to manifest.”

Dr. Friesen, a clinical pharmacologist, stated that “toxicity comes from numerous sources, including chemical and environmental, but leaky gut amplifies these toxins by allowing them to be absorbed rather than eliminated. When individuals exceed their toxic load, they experience symptoms from foods. Thus, leaky gut is not only a physiological stress that lowers the threshold of health but it becomes a source of toxicity.”

“The key to good digestive health is to target the gut and rebuild the mucosa,” said Dr. Fujimoto, former health professor from Loma Linda University and lifestyle medicine expert. “A higher protein diet, from sources to which the patient does not react such as soy or whey isolates can help heal the fragile areas on the gut lining that are inflamed and in need of repair.”

New Hope Medical Center, located at 9065 S. Pecos Rd. in Henderson, Nevada, offers the latest in translational medicine, as well as a wide variety of innovative diagnostic and therapeutic procedures not readily available in conventional medical practices, which include Heidelberg gastrogram testing and food allergy testing to assess leaky gut syndrome. New Hope’s mission is to provide hope, health, and healing worldwide through evidence-based protocols by treating mental, physical, emotional, spiritual and relational causes with innovative means. It specializes in providing individualized patient care and specialized wellness treatments that are recognized by leading centers of medical excellence around the globe.

For more information on Hope for Health or to schedule a personal tour of New Hope Medical Center, visit newhopemedical.org or call 702-476-0000 or 866-432-5669.

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